

CSIBER TRUST'S

COLLEGE OF NON-CONVENTIONAL VOCATIONAL COURSES FOR WOMEN, KOLHAPUR



Date: 13th August, 2021

NOTICE

National Service Scheme





Azadi Ka Amrit Mahotsav

Fit India Freedom Run 2.0

13th Aug- 2nd Oct



As per the circular No.F.30/2/NSSRD/2021-22/210-246 of Government of India Ministry of Youth Affairs & Sports Regional Directorate of NSS, Pune (Maharashtra & Goa) has conceptualized FIT INDIA FREEDOM RUN 2.0 to commemorate the 75th Independence Day "Azadi Ka Amrit Mahotsav". Nationwide campaign will be on the concept of "Physical/Virtual Run" in continuum from 13th August to 2nd October 2021 to encourage fitness and help us all to get freedom from obesity, laziness, stress, anxiety, diseases etc. The concept behind this run is that "It can be run anywhere, anytime!"

"RUNNING: The human body's rawest form of FREEDOM"
As a part of commemoration our college NSS wing has invited all Teaching and non-teaching staff for Fit India Freedom Run Campaign a walk event is scheduled on 14th August, 2021 at 1.30 p.m.

Hope to see you there for making active participation.

PRINCIPAL,

College of Non-Conventional Vocational Courses For Woman Kolhapur - Ethile

NSS Coordinator

(Ms. Tejaswini R. Chile)
Programme Officer
National Service Scheme
College of Non-Conventional
Vocational Courses For Women
Komapur



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As a part of commemoration our college NSS wing has decided to organize Fit India Freedom Run Campaign.

"RUNNING: The human body's rawest form of FREEDOM"

COMPLETE THE 5KM RUN/WALK/CYCLE

AND

WIN AN E-CERTIFICATE

INSTRUCTIONS

You can perform any activity mentioned below:

- Walking
- Running
- Cycling

Participants Must Install the RUN Keeper App and sync it with your device in order to track your progress.

- Select any convenient time of the day and complete the activity of your choice.
- Run/walk your own race at your own place
- Upload the results with your selfie or videoon: trchile@siberindia.edu.in

NSS Coordinator
(Ms.Tejaswini R. Chile)
Programme Officer
National Service Scheme

College of Non-Conventional Vocational Courses For Women Komapur

PRINCIPAL, llege of Non-Conventiona

College of Non-Conventional Vocational Courses For Women Kolhapur F.No.P.24-4/NSS/DTE/2021/ 5/2 - 52 7
Government of India
Ministry of Youth Affairs & Sports
Department of Youth Affairs
Directorate of National Service Scheme
Shivaji Stadium, New Delhi

Dated the 6th August, 2021

To

All the Regional Directors, NSS

Subject: Freedom Run in 744 Districts across the country from 13th August to 2nd October, 2021 part of Azadi Ka Amrut Mahotsay- India @75-Reg

Madam/ Sir.

- I. As a part of celebration of Azadi ka Amrut Manotsav- India@75, Freedom Run would be organized in 744 Districts across the country by the Ministry where the main organization will be done by Nehru Yuva Kendra Sangthan and NSS will take part in the run as and where applicable. Date and State wise list of participating Districts is enclosed however you may also coordinate with the NYKS in your region.
- 2 Theme: Jan Bhagidari to Jan Adolan
- 3. Objective:
- · To encourage people to take up fitness activities such as running and sports in their daily lives.
- · To popularize fitness as a way of life to get freedom from obesity, laziness, stress, anxiety, diseases, etc.
- · To make people adopt healthy and fit life style
- 4 Geographical Coverage:
- · All States and UTs
- 744 Districts
- · 75 Villages in each of the selected District
- 5. Key Activities to be organised:
- 7-10 Kilometers Freedom Run Run Visit around historical and iconic places and other important locations of significance.
- Rendering of National Anthem on https://rastragaan.in//. Person uploading the Video of Rashtragaan should download the certificate and concerned SD should send the same through Whatsapp to the Directorate of NSS. For the facilitation of field officers, Helping Guidelines to upload video singing National Anthem and Downloading Certificate has been prepared and enclosed herewith.
- Awareness among Youth, Volunteers and Youth Leaders to participate in the District level Freedom Run and motivate them to organize similar Freedom Run in their respective villages on their own.

6 Programs at District & Village level:

- One Program in each Week (as per enclosed Calendar) at minimum of 75 Districts of iconic Places in different parts of the country should be organised.
- In each of 744 Districts, similar activities should be organized in minimum of 75 villages.
- Participation- In each programme at District and Village level 75-100 Youth Volunteers should directly
 participate in the Freedom Run/ visit around Historical and iconic places and other important locations of
 significance (744 Districts, 75, Villages and 75 Youth per Programme)

PRINCIPAL,
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Kolhapur.

. भारत सरकार युवा कार्य एवं खेल मंत्रालय रा.स.यो. क्षेत्रिय निवेशालय, पुणे (महाराष्ट्र एवं गोवा)



Government of India Ministry of Youth Affairs & Sports Regional Directorate of NSS, Pune (Maharashtra & Goa)

Date: 4th August, 2021

F.30/2/NSSRD/2021-22/ 210 - 2116

To
NSS Programme Coordinators of all
Universities/Plus Two Councils in Maharashtra
and Goa States.

By e-mail

Subject: Celebrating 75 years of India's Independence (Azadi ka Amrut Mahotsav)-India@75-reg.

Sir/Madam,

I am to refer to the subject cited above and to inform that India is gearing up for the celebration of its 75th Year of India's Independence, as a part of commemoration. A series of events namely Azadi ka Amrut Mahatsav have been planned for their organization across the country. It is an initiative to celebrate and commemorate 75 years of progressive India and its glorious history, people, culture and achievements.

Hon'ble Prime Minister while inaugurating the curtain raiser of Azadi ka Amrut Mahotsav on 12th March, 2021, said that 'The celebrations can be divided in five sub-heads — Freedom struggle, Ideas at 75, Achievements at 75, Actions at 75 and Resolve at 75.'

In this regard you are requested to organize the following programs/events by your University/Directorate as per the dates given below.

51. No.	Event/Progra m	Date of Event	Venue	Objective -
1	Online or physical	8 th August, 2021	Universities/Plus Two Councils headquarters and in all the institutions/adopt ed villages.	To make aware and educate Youth leaders and volunteers, families and village communities on issues and need of water conservation and rain water harvesting. To empower youth to assume lead role for educating people to practice Rainwater "Harvesting" and popularize tagline "Catch the Rain, where it falls, when it falls".
2	Fit India Freedom Run Campaign Small group of Volunteers i.e. 4 or 5	13 th August, 2021	By all the Universities/Plus Two Councils headquarters and all the NSS units of all the Universities /Plus Two Councils.	To encourage and promote fitness culture and spirit of sportsmanship among rural youth to adopt it as a way of life. To cherish and follow the noble ideas that inspired freedom struggle creating awareness on life, works and philosophy of Heroes of India Freedom Movement. To generate enthusiasm and infuse patriotism among youth and people in general.

964 APRINCIPAL,

College; of Non-Conventional Vocational Courses For Wome

^{&#}x27;ओ' होस्टेल क्लॉक, कृष्टि महाविद्यालय परिसर, शियाजीनगर, पुणे ४१९००५. 'A' Hostel Block, College of Agriculture Compus, Shivajinagar, Telhea 17005 Telefax: 020 - 2553 3401 🔸 E mail: nssrcpune@gmail.com



CSIBER TRUST'S COLLEGE OF NONCONVENTIONAL VOCATIONAL COURSES FOR WOMEN, KOLHAPUR



NATIONAL SERVICE SCHEME



A REPORT ON

Fit India Freedom Run Campaign

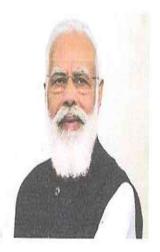




Azadi Ka Amrit Mahotsav

Fit India Freedom Run 2.0

13th Aug- 2nd Oct



PRINCIPAL,

College of Non-Conventional Vocational Courses For Women

Kolhapul

Date: 14th August 2021

As per circular No. F., 30/2/NSSRD/2021-22/ 210-246 of the Government of India Ministry of Youth Affairs & Sports Regional Directorate of NSS, Pune (Maharashtra & Goa) has conceptualized FIT INDIA FREEDOM RUN 2.0 to commemorate the 75th Independence Day "Azadi Ka Amrit Mahotsav". The nationwide campaign will be on the concept of "Physical/Virtual Run" in a continuum from 13th August to 2nd October 2021 to encourage fitness and help us all to get freedom from obesity, laziness, stress, anxiety, diseases, etc. The concept behind this run is that "It can be run anywhere, anytime!"

To be part of the novel Fit India Movement CSIBER Trust's CNCVCW NSS wing has organized the Fit India Freedom Run Campaign from 13th August to 2nd October 2021 in the form of online activities like Walking, Running, and Cycling activities were conducted during COVID- 19 Second Wave Pandemic as a part of the Fit India Movement.

Students participated in the campaign by emailing their videos and photos of Running, Walking, and cycling in their place-anywhere and at any time of their convenience to keep up with the current pandemic situation and social distancing norms. They also track the total distance covered by using a Global Positioning System (GPS) watch or manually.

Also conducted a walk event for Teaching and non-teaching staff as a part of India Freedom Run Campaign on 14th August 2021 at 1.30 p.m. During the event, enthusiastic teachers and non-teaching staff participated and the pledge of Fit India Run was also taken.

After the walk Principal, Dr. A. R. Kulkarni said that "the Campaign helps to take the nation forward on the path of fitness and wellness and it provides a unique and exciting opportunity to work towards a healthier India," The vote of thanks has given by, Ms. Tejaswini R. Chile (NSS Coordinator) concludes that there will be a revolutionary change in the thought process of every person and all of them will take a step to keep themselves physically fit. The program was concluded with a positive note to encourage people for their physical fitness by using a healthy lifestyle.

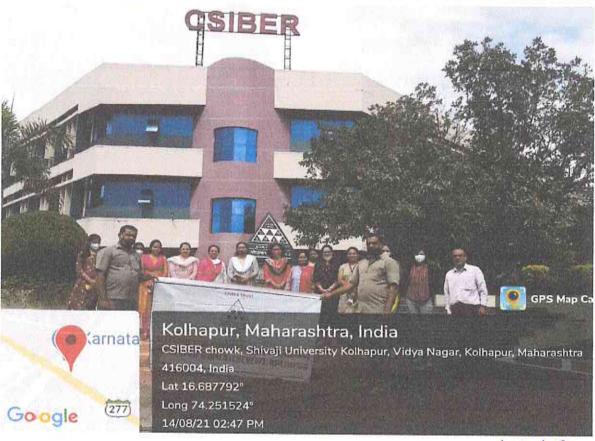
Attachments: 1. Attendance

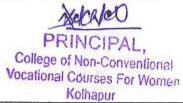
2. Photos of the program

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Kolhapur

A-List of present staff and non-teaching staff members and photographs are attached here









All the teaching and non-teaching staff were actively participated for their physical fitness

By,

Rehile

NSS Coordinator,

Asst. Prof. Ms.Tejaswini R. Chile.
Programme Officer
National Service Scheme
College of Non-Conventional
Vocational Courses For Women
Komapur

PRINCIPAL,
College of Non-Conventional
Vocational Courses For Women

Kolhapur

College of Non - Conventional Vocational Courses for Women, CSIBER (Kolhapur)

Program Name: Fit India Freedom Run 2.0 Date: 14th August, 2021

Sr. No.	Staff Name	Sign
1	Dr. A.R. Kulkarni	7 Ab-
2.	Mrs. Jyoti Hiremath	Bralling 121
3.	Mr. Adarsh Chavan	14 14801
4.	Mrs. Pradnya Kapdi	Candil 14/8/21
5.	Mrs. Archana Patil	Grati 1012
6.	Mrs. Ashwini Raibagkar	As Vanhage
7.	Mrs Shweta Patil	Acti C
8.	Mrs. Neelam Jirage	Mager.
9.	Ms. Shraddha Bhatt	Ab
10.	Ms. Yogita Mirajkar	46
11.	Ar. Amarr Mestry	MM 1910 ETUN-
12.	Ar. Guruprasad Yernalkar	a 14181202
13.	Ms. Shamal Pawar	Mala
14.	Ms. Priyanka Magadum	Hay
15.	Mr. Raghunath Topkar	-Ah-
16.	Ms. Rugveda Topkar	-Ab-
17.	Ms. Dhanashree Kamble	Alandoo
18.	Ms. Nirali Gilbile	Walluleteles
19.	Mr. B. S. Gore	Ab
20.	Mr. Mandar S. Vijapure	(mar)
21.	Mrs. Shilpa Ghewade	USA
22.	Mrs. Anuradha Bhosale	MB.
23.	Mrs. A. A. Kumbhar	-Ah-
24.	Mr. Balaso Joundal	10/10
25.	Mr. Prasad Salonkhe	Die.
26.	Mrs. Supriya Kadam	Ab
27.	Ms. Tejaswini Chile	DIK

College of Non-Conventional Vocational Courses For Women Kolhapur

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CSIBER TRUST'S COLLEGE OF NON-CONVENTIONAL VOCATIONAL COURSES FOR WOMEN, KOLHAPUR. NATIONAL SERVICE SCHEME STAFF ATTENDENCE

Name of the programme! Fit India Freedom Run 2 Date: 14th August 2021

St. no. Staff Name Sign

Sr. no.	Staff Name	Sign
1.	Dr. A. R. Kulkarni	-db-
2.	Mrs. Jyoti R Hiremath	Thiste
3.	Mrs. Pradnya P. Kapadi	Ab
4.	Mr. Adarsh Chavan	< Ab−
5.	Mrs. Archana R. Patil	Avail1
6.	Mrs. Sayali N. Naik	Noit-
7.	Mrs. Shweta A. Patil	tatil.
8.	Dr. Neelam S. Jirage	heveler,
9.	Mrs. Ashwini Raibagkar	-d-b-
10.	Mrs. Yogita R. Mirajkar	-Ahr
11.	Ms. Nikita Jarag	Roman
12.	Ms. Sakshi Desai	-AB-
13.	Ms. Divya Satpute	·16-
14.	Ms. Swarada Deshpande	-11
15.	Mr. Amarr Mestry	-185
16.	Mr. Guruprasad Yernalkar	a to
17.	Mrs. Priya Kandalkar	THO
18.	Ms. Asmita Korgaonkar	-do-
19.	Ms. Varsharani Jamdar	Ala
20.	Ms. Tejashri Birajdar	10
21.	Ms. Sayali Chavan	Ab
22.	Ms. Pooja Sarolkar	-110
23.	Ms. Anagha Raut	46
24.	Ms. Shamal Pawar	-16-
25.	Ms. Radhika Desai	-46
26.	Ms. Kshitija Kulkarni	-Ah-
27.	Mr. Raghunath Topkar	Alle
28.	Ms. Dhanashri Kamble	-AB-
29.	Ms. Tejaswini Chile	peline
30.	Mrs. Anuradha Kumbhar	-Ab-
31.	Mr. Mandar Vijapure	-Ab-
32.	Mrs. Shilpa Ghevade	-Ab-
33.	Mrs. Rameshwari Gunjikar	-A-b-
34.	Mr.Omkar Ghatage	-Ab-